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Healthcare Comes to School through the SCS Wellness Center



Hendricks Elementary third-graders Connor Phelps and Erika Renbarger book some time with the 90% Reading Goal program.

When the Student Health Clinic officially opens as part of the SCS Wellness Center at Shelbyville Middle School with an open house at 5:30 p.m. November 5, Shelbyville Central Schools will begin an innovative experiment in healthcare.

Funded through state grants and sponsored by Community Health Network, the clinic will offer free care via a nurse practitioner to all SCS students.

"Our kids cannot learn if they are not well," said SCS Superintendent David Adams. "With the clinic, our goal is to cut down on absences and have healthy kids in their seats ready to learn."

One factor driving the establishment of the student health clinic was the lack of health insurance among 12 percent of Hoosiers.

The Student Health Clinic shares space and services with the SCS Employee Health Clinic, which opened Aug. 12. Sponsored by OnSiteSolutions, a Major Health Partner, the EHC offers free primary care services, free medications and prescriptions to benefit all eligible SCS employees, their spouses and children.

Through early September, Dr. James Springer and physician's assistant Stan Rice had already seen more than 55 patients. The EHC has a monthly goal of 120 primary care, wellness and/or disease management visits and 25 to 30 laboratory visits.

"Our first year we hope to save SCS \$160,000 after factoring in savings from office visits, radiology, productivity, laboratory and prescription drugs," said Ryan Claxton, Director of Business Development, for Major Health Partners. "By offering the services directly onsite, we can save the school corporation money."

The long-term goal is to keep SCS employees, especially teachers, healthy and in the classroom helping students get an education. "While this approach will save the school corporation money, we're doing it because we place students first," said Mr. Adams. "The less absences teachers have, the better it is for their students in the long run."

Shelbyville Central Schools

Superintendent's Message

Mr. David Adams, Superintendent of Schools

Welcome to the first issue of the *Shelbyville Central Schools Roar*.

Why does this newsletter exist? As a school corporation, we are doing as much as we possibly can to communicate with students, parents and the community. Everybody pays taxes and everyone is affected by the quality of the local school corporation. We want ours to be the best possible.

The *Roar* will give you an idea of the good things happening in our schools, the new and unique programs at each level, even what recent notable graduates are doing. In this issue you will find stories about our new student and employee health clinics, our 21st Century Program, all-day kindergarten and

the success of our summer lunch program. Teacher Marijo Hamblen talks about how her trip to Germany will influence her teaching, while Dr. Kate McDaniel-Garringer and her sister, Dr. Anna McDaniel-Stegemiller, reflect on the role Shelbyville schools played in their careers as optometrists.

I think you will see that these stories reflect our "First Class, Class First" philosophy. Our mission is to be "first class" in everything we do as a school corporation. However, we never want to lose our focus in the classroom. What's best for the students comes first!

We never want to lose that priority—what happens in the classroom is the most important thing for all of us at SCS. We



Mr. Adams believes in "First Class, Class First."

want to deliver a quality education for our children—hence our "First Class, Class First" approach.

Now that's something to *Roar* about!

21st Century Program Brings Student Skills Up to Speed

Shelbyville High School has an answer for employers who complain that graduates are not equipped with the skills they need to succeed in a global marketplace:

The 21st Century Program.

In its initial year, the 21st Century Program integrates freshman English with Computer Applications I and Advanced Computer Applications I in project-based learning that involves students in complex, real-world workplace scenarios. English teacher Todd McCullough and Business teacher Kara Williams helped research the integrated model of learning and received special training in teaching it.

The 120 students use technology and inquiry to develop problem-solving, conflict resolution, communication and collaboration skills—relevant skills as they move into higher education and the workforce.

"It's not enough for students to master core subjects anymore," said SHS Assistant Principal Kathleen Miltz. "According to the New Commission on the Skills of the American Workforce, workers need to know more about the world, think outside the box, become smarter about new sources of information and develop good people skills. Project-based learning helps develop those skills."

The 21st Century Program features partnerships and collaboration with the business community. Shortly after the school year began, the students were led in work ethic and collaboration activities by Stu Kaplan, president of Makuta Technics, a Shelbyville company specializing in precision micro molding.

"In the second year of the program, these students will move more into digital communication and English integrated with web design and advanced multimedia applications such as Flash and video editing," Mrs. Miltz said.

In their junior year students will study the American business economy and learn how to synthesize information from multiple credible resources. By the senior year, when internships are available, they will become proficient with the research process, develop literary analysis and interpretation skills, and gain in-depth knowledge of international aspects of finance, management, marketing, communication and technology.

"Our goal is to make these students ready to face and thrive in the world of today and tomorrow," Mrs. Miltz said.



Kindergartner Alex Gil is up on books ... in the reading loft at Coulston Elementary School.



Mrs. Williams helps ninth-grader Hannah Tucker become 21st Century ready in English.

Photo courtesy of Dayla Thurston/
The Shelbyville News



Hendricks Elementary School students stay on track with cross-country.

Sixth Grade Teacher Will Bring Germany Back to SMS

When her sixth grade social studies class at Shelbyville Middle School studies Germany, Marijo Hamblen can talk firsthand about concentration camps of World War II, the German Parliament, Oktoberfest, even daily life for Germans today.

From Sept. 20 through Oct. 2, Hamblen is touring the Federal Republic of Germany with 11 other teachers from across Indiana, thanks to the Atlantik-Bruecke Scholarship. The fully funded trip allows teachers to enhance their lesson plans, teaching skills and knowledge base of Germany by experiencing how the country has changed and grown over the years.

"It's incredible to have the chance to bring back that experience to my students," said Mrs. Hamblen, before leaving for her ancestral homeland. Her great-grandparents immigrated from Germany. "When you are talking about a concentration camp, for instance, there is a big difference between teaching what you've

read in books and describing what you've seen yourself."

During the trip, the Indiana teachers are meeting with their German counterparts, high school students, political figures, business and trade union leaders. They are experiencing everyday life by staying with German host families and visiting schools, universities, museums and corporations—of particular interest to Mrs. Hamblen. Her husband and father work at Shelbyville's Knauf Insulation, part of the Knauf Group, among the biggest German companies doing business in Indiana.

Mrs. Hamblen was chosen for the \$8,000 scholarship after applying to the Indiana Department of Education. A one-page letter explained why she should receive the scholarship. "I said I wanted to create a little Germany in my classroom." Before the trip, Mrs. Hamblen had begun working Germany into her class. Students



"Frau Hamblen!" Students eagerly share their knowledge of Germany with Marijo Hamblen.

learned a German word each day and once spontaneously greeted Principal Denny Ramsey with "*Guten Morgen* (good morning)!" when he popped his head in "Frau Hamblen's" room.

This was the first year that Indiana has participated in the Atlantik-Bruecke Scholarship, and Mrs. Hamblen hopes other Hoosier teachers get to enjoy the same remarkable learning experience in the future.

"I'm just a hometown girl who had never been overseas before this," she said. "This is awesome!"

Grads On The Go



The eyes have it for Dr. Anna McDaniel-Stegemiller and Dr. Kate McDaniel-Garringer.

Dr. Kate McDaniel-Garringer, the 2005 SHS valedictorian, and Dr. Anna McDaniel-Stegemiller, a 2007 SHS Top 20 graduate, work in their father's optometry practice, McDaniel Family Eye Care, in Shelbyville. The sisters offered their thoughts on:

How SHS prepared them for college.

Kate: "I really liked high school, and I had wonderful teachers. By the time Anna and I graduated from SHS we were very prepared academically for Butler University. Even socially ... The high school prepared me for dealing with lots of different people."

Anna: "You didn't feel like a number at SHS. Having grown up in the community, we already knew a lot of our teachers. That made me feel more comfortable. The AP classes at SHS prepared me well for Butler. For example, I tested out of two years of Spanish and started at the 300 level, which is pretty unusual."

How they chose optometry as a career.

Kate: "Originally I wanted to go to medical school. Then I worked with my dad and in the lab where the glasses are processed. It helped me see what he did with new eyes, no pun intended. I liked how he had more control of his schedule than a physician would. My sister and I are both mothers (Kate's daughters are Miriam, 3, and Naomi, 2, while Anna has a 7-month-old son, Everett), so that flexibility has come in handy."

Anna: "Even at a young age I recognized how my mom (a speech pathologist) and dad love what they do. I knew early on I wanted to be in the medical field, and seeing how much freedom Dad has with optometry clenched it."

What they love about their jobs.

Kate: "I like the personal interaction we have with people we see everyday in the community. It's cool to watch kids grow up with the glasses we prescribe for them."

Anna: "I like dealing with people and the challenge of figuring out what's wrong in an emergency. I always tell my nieces that we help people see better."

What advice they would give a current SHS student.

Kate: "Find something to enjoy in every class. Maybe in History you're not that interested in the Industrial Revolution, but hey, you think the Civil War is cool. When you can find at least one thing that you like, it will help carry you through the doldrums."

Anna: "Do your homework, and you don't have to cram for the tests. If a kid says, 'The teacher doesn't like me,' I always say, 'The best revenge is getting a good grade.'"

Recognize Exemplary Graduates with the SHS Alumni Hall of Fame

Shelbyville High School is accepting nominations for the 2009-10 SHS Alumni Hall of Fame. Applications can be found on our website at www.shelbycs.org or can be picked up at SHS or the Superintendent's Office. The deadline to receive applications is January 15, 2010.

The SHS Alumni Hall of Fame exists to recognize exemplary SHS graduates who contribute significantly to their communities and/or professions, who achieve academic or professional excellence, and who positively promote Shelbyville Central Schools.

Shelbyville Central Schools

Mission Statement

To provide a quality education and educational leadership to the community.



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You're Invited!

You are invited to attend meetings of the Board of Education of the Shelbyville Central Schools Corporation. The meetings are conducted the second Tuesday of each month at 7 p.m. in Conference Room "C" in the Education Center, 803 St. Joseph Street, Shelbyville, IN 46176

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We welcome our readers' letters, comments and critique. Write to us in care of Editor, *The Shelbyville Central Schools Roar*, Shelbyville Central Schools Corporation, 803 St. Joseph Street, Shelbyville, IN 46176.

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Our Website Address

www.shelbycs.org

Summertime

When the Eating Was Easy... and Free

Next year Shelbyville Central Schools hopes to continue, and perhaps expand, a program that gave away 11,781 free lunches during June and July.

During the summer lunch program, children received their choice of two entrees as well as fresh fruit, baked chips and milk, given out at the concession stand at Shelbyville High School and the parking lot between the Boys Club and Girls Inc.

"Next year we hope to expand into more sites to reach more children," said SCS Food Service Director Betsey Flores. "It is an excellent program, and we will definitely continue it as long as we qualify."

SCS qualified for the program funded through the United States Department of Agriculture because two of its schools had at least 50 percent of students on free and reduced lunches during the school year.

In addition to the free meals, the Shelby County Shelbyville Public Library Bookmobile visited the Boys Club site on Wednesdays. Children could check out books to meet their goals in the "Dive into Reading" program by SCS and the library.

The combination of the Bookmobile and the summer lunches "really got the community involved," Ms. Flores said.

All-Day Kindergarten

Provides Opportunities for Children Entering School

This year, for the first time, SCS offers full-day kindergarten, with 281 children learning educational, social, physical and emotional skills that will serve them well as they begin their formal education.

"The benefits of all-day kindergarten include children learning the skills and developing a maturity component that allows them to begin first grade at a higher level," said Betsy Larrabee, SCS Title I/AE Director.

In addition to more academic time, the tuition-free full-day program offers important socialization skills. "They have more time for one-on-one

interaction with teachers, for small groups, and with other children," Ms. Larrabee said. "Many children have not experienced daycare or preschool where they interact with other children. Classroom expectations such as lining up, sharing, going to lunch together and transitioning successfully from one activity to another are new to them."

Funded with state, Title I and SCS funds, the program includes pre-reading and reading instruction, hands-on learning in math and science, computer skills, language acquisition, physical education, art, and music. For example, a child might grasp a math concept more quickly by holding



All-day kindergarten students learn to say "Cheese!"

an apple cut in half instead of looking at a picture of one in a book. The curriculum is integrated; a teacher might read a book to the class and then use parts of it to teach science or social studies concepts.

"We are very excited about the learning opportunities full-day kindergarten offers our children," Ms. Larrabee said.